

## Setting Your Goals

*Aim for 2-3 goals per section*

<b>Health &amp; Fitness</b> <ul style="list-style-type: none"><li>•</li><li>•</li><li>•</li></ul>	<b>Financial</b> <ul style="list-style-type: none"><li>•</li><li>•</li><li>•</li></ul>
<b>Relationships</b> <ul style="list-style-type: none"><li>•</li><li>•</li><li>•</li></ul>	<b>Career</b> <ul style="list-style-type: none"><li>•</li><li>•</li><li>•</li></ul>
<b>Spiritual/Religion</b> <ul style="list-style-type: none"><li>•</li><li>•</li><li>•</li></ul>	<b>Personal</b> <ul style="list-style-type: none"><li>•</li><li>•</li><li>•</li></ul>